

STROKE...

IT'S NOT A SECRET WORTH KEEPING

1. ...is when a clot gets trapped in your brain and causes part of your brain to die.



2. Stroke Happens

- Stroke is common!
- Someone has a stroke every 40 seconds.
- Disability caused by stroke can leave a person unable to do normal, everyday activities.

**Stroke is an
EMERGENCY!**

THE LONGER A STROKE GOES
WITHOUT TREATMENT,
MORE OF THE BRAIN DIES!



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3. Don't be silent about **signs of stroke!**
If any of these signs suddenly happen, act **FAST:**

Face Drooping

- Uneven face
- Crooked smile
- Uneven eyebrows
- Face/smile looks twisted



How To Check:

- Have the person smile.
- Is one side of their mouth drooping?
- Is one eye drooping?

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Arm Weakness

- Weakness on one side
- Dropping things
- Can't lift arm
- One side shutting down



How To Check:

- Have the person raise both arms.
- Does one arm drift down?
- Are they dropping things?

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Speech Difficulties

- Slurred speech
- Sentences are mixed up
- Trouble finding words
- Trouble understanding



How To Check:

- Have the person repeat a sentence.
- Are their words mixed up?
- Is their speech slurred?
- Do they have trouble answering a question?

Have you noticed any of these stroke signs?

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Time To Call 911!

Get to the hospital as soon as stroke symptoms start!



Just one stroke sign is an emergency!

